

Hygiene Kits (were called Health Kits)

In the face of natural disasters, violence, or grinding poverty, Hygiene Kits can mean the difference between sickness and health for struggling families.

To assemble a Hygiene Kit you will need:

- One hand towel measuring approximately 16" x 28" (no fingertip or bath towels)
- One washcloth
- One wide-tooth comb
- One nail clipper
- One bar of soap (bath size in wrapper)
- One toothbrush (in original packaging)
- Six standard size Band-Aids®

[Donate a Hygiene Kit »](#)



A quake survivor in Haiti bathes her child.
Photo: Paul Jeffrey/ACT Alliance

Place all items in a one-gallon plastic bag with a zipper closure, remove excess air from bag, and seal. Please do not add toothpaste to the Hygiene Kit. Cartons of toothpaste that have an extended expiration date will be added to Hygiene Kit shipments just prior to shipment.

Hygiene Kit value: \$10

Processing/Shipping Cost: \$2 per Kit